

## Life Group Ground Rules

**Clear purpose:** Northview Life Groups are all about living out the three core values of Spiritual Growth, Relationships, and Reaching Out.

Go around the room, each person reading one rule. Agreeing to these rules will help everyone get the most out of the group experience. (Helpful Hint: It is a good idea to review these ground rules when new people join the group and/or you begin a new study)

### **We agree to the following ground rules and expectations:**

- Show Up:** I'll prioritize the scheduled Life Group Meeting and call in advance if I'm going to miss the meeting.
- Show Respect:** I'll accept everyone without judgment. I'll listen well and refrain from giving quick answers, simple fixes, or engaging in side conversations.
- Be Self Aware:** I'll stretch myself to be as open and honest as I can with my perspectives and experiences. I understand that some of us are talkers and some are quieter, so I'll be aware of not dominating the discussion or always leaving the weight of it to others.
- Take Ownership:** I'll do my part to help create a great group (translation: "I won't stick the host/leader with all the work."). The group will be as good as I make it ... I'll share roles within the group and help challenge everyone to grow.
- Face Conflict:** Community can be very messy, and conflicts may arise. I'll offer grace to others and won't leave the group over disagreements, realizing that God might use conflict in my spiritual formation in some way I don't currently understand.
- Keep it Confidential:** I'll vigorously respect confidentiality. What I hear and say in the group stays in the group (unless a person is a danger to themselves or others or engaged in illegal activity\*).

### **As a group discuss how you would like to:**

- Grow spiritually
- Connect relationally
- Serve intentionally

### **Also discuss:**

- Where we will meet?
- How we will handle child care?
- Meeting time (From/Until)
- Day we will meet

**\*Seeking guidance from one of the pastors at Northview about a Life Group situation is not considered a violation of group confidentiality.**